

## **SHIBARI TECHNIQUE MORNING CLASSES**

Tuesdays 10am-12pm

Costs: 20 Euro per person

10 class card 160 €

@ Uferhallen Kulturwerkstatt – Wedding. Uferstrasse 8, 13357 Berlin. Entrance B.

In case the door is locked, call this number and we pick you up in the yard: 0174-3937049.

The workshop focusses on traditional Shibari technique. Inspired by my teachers Osada Steve, Kamijoo Saki, Arisue Go, Hourai Kasumi or Lun Ario. We start with the basics and security principles. Learning initial knots and floor work patterns with a partner. When these principles are set, we approach complex figures and suspension technique step by step.

Besides learning the knots, qualitative aspects play a great role as well. How do I guide the rope in a sensual way, how can my partner, or I, travel through blissful states of rope drunkenness?

To arrive there, it requires some training for both sides, ..softly gently catchee monkey.

Applying the three principles: the classical aesthetic, the sensual effect and a non-harming technique and philosophy, is the goal. They fuse the visual, tactile, and playful level into an adventurous ritual.

Girls girls, boys girls, non boys/girl, cis people everybody is welcome, just respect the group!

You don't need to come with a partner. There always are other solo participants, or I jump in.

Please bring training-/comfortable pants. If you have own ropes, otherwise we provide them.